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**A BALANCED PATTERN OF PANCREATIC NUTRIENTS**


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The pancreas produces glucagon which is released whenever the blood sugar gets too low. In order to accomplish this, the pancreas requires specific nutrients. If the pancreas is unable to maintain normal glucagon production, hypoglycemia results causing symptoms to occur within 2 hours of eating. PANPLEX provides the essential nutrients to the pancreas thereby preventing this type of hypoglycemia.

**INGREDIENTS:**

<b>Each capsule contains:</b>		<b>% Daily Value</b>
In a proprietary blend of:	530 mg	*
Pancreas tissue, L-Glycine, L-Alanine, enzymes, and bromelain		

\*Daily Value not established

Other Ingredients: Gelatin (capsule) and chromium chelate.

No wheat, corn, soy, salt, yeast, egg, sugar, whey, milk, colors, chemical additives, or preservatives.

**INDICATORS:**

If the pancreas is unable to maintain normal glucagon production, hypoglycemia results causing symptoms to occur within 2 hours of eating.

**Factors Causing a PANPLEX Condition:**

1. Heredity
2. Frequently going too long without eating – need to eat every 2 hours to maintain
3. Stress, excessive exercise
4. Caffeine, stimulants

**Symptoms of a PANPLEX Condition:**

1. Headaches in the morning
2. Restless sleep, waking, anxiety occurring between 4:00-5:00 AM. If returning to sleep, more difficulty getting up at normal time
3. If feels stressed during AM and throughout the day until evening, can lose appetite and can go hours without eating
4. Occasional sugar cravings during the midday and most often after dinner which then re-energizes and makes it difficult to go to sleep at a reasonable hour
5. Hunger pangs and hypoglycemic symptoms between meals if one doesn't eat frequently
6. Internal nervousness, anxiety
7. Desire to eat frequently, tolerance for sugar which alleviates symptoms
8. Often uses nicotine, cigarettes. Coffee can make hyper
9. Loss of appetite in the morning when stressed by deadlines
10. Energy usually improves in the evening shortly after dinner

**DIRECTIONS:**

As a dietary supplement, take one to two PANPLEX 3 times a day either between meals or with meals, or as directed by a physician. Attempt to eat 3 small meals a day with a midmorning and afternoon snack.

**COMBINATIONS:**

Electrolyte 1 or 2 — if hypoglycemic spells cause dizziness, fainting, difficult thought processes, sleepiness, intolerance to stress, and fatigue  
LipoPan — needed when there is frequent desire for fatty foods (cream, chocolate, chips, french fries)

PanPro — with poor protein digestion made evident by fatigue after eating, intestinal gas, lower intestinal bloating, and foul odor

Formulated by Dr. Norman Easley.