

ADULT BLOOD SUGAR STABILIZING FORMULA

HG LIV is a balanced pattern of the necessary vitamins, minerals, and enzymes needed by the liver to regulate stored sugar. One of the many functions of the liver is to store sugar reserves in the form of glycogen. Glycogen is the single most important nutrient for maintaining health. And it is the sole responsibility of the liver to regulate all dietary sugars. It does this by storing and then releasing them as the body needs fuel. If the correct pattern of nutrients is available in the diet, then the liver is able to maintain normal blood sugar regulation during normal and abnormal amounts of daily stress. HG LIV promotes the healing of liver-induced anemias due to poor iron storage and B12 or folic acid release.

INGREDIENTS:

Each capsule contains:		% Daily Value
Liver	400 mg	*
Magnesium	25 mg	6
In a proprietary blend of:	70 mg	*
Alpha-ketoglutaric acid and enzymes		

*Daily Value not established

Other Ingredients: Gelatin (capsule) and sodium ascorbate.

No corn, wheat, soy, salt, yeast, egg, sugar, whey, milk, colors, chemical additives, or preservatives.

INDICATORS:

When the correct pattern of nutrients is not available in the diet or in supplements, the liver is unable to completely store and regulate blood sugar levels. This causes hypoglycemia to develop. The body's response to liver hypoglycemia produces a unique pattern of symptoms. Dietary sugars, once absorbed into the liver, are not stored properly as glycogen, but rather, are released directly into the bloodstream activating a dysinsulin response. In addition, this disorder is accompanied by incomplete carbohydrate digestion, so the benefit of complex sugars is not obtained.

Factors Causing an HG LIV Condition:

1. Heredity
2. Diets high in sugar, sweets, fruit, fruit juice
3. Diets deficient in protein
4. Frequently going too long without eating

Symptoms of an HG LIV Condition:

1. Instant mood changes, introversion, anger, emotional sensitivity, impatience, crying, and/or sadness after consuming sugars, juice, or fruit
2. Momentary mood swings are aggravated by going too long without eating, stress, or consuming any form of sugar including fruit, juices, candy, or soft drinks
3. The individual is usually more optimistic and active in the AM, but as the day goes on, the optimism is converted to pessimism and an attitude of gloom and discouragement
4. Cravings for sugars and fruits, pasta, bread, and pastries will often satisfy the hunger, but will cause a negative reaction within 30 minutes
5. There is a loss of energy around noon that persists the rest of the day. This loss of energy is accompanied by a feeling of despair and hopelessness, a sense of loss of self-worth, loss of interest in projects and even life itself
6. Frequent hunger, oftentimes 30 minutes to 2 hours after eating
7. Always improved by consuming protein
8. Intolerance of stress and exercise which can bring on the symptoms
9. Dizziness, lightheadedness, and inability to think
10. Preoccupation with ailments, symptoms, being disliked, taken advantage of, or not having a life

