

## SUPPORT FOR YOUNG WOMEN

Young women require very specific nutrients to enable proper growth and development. Once mature, these nutrients are continually needed to enable women to maintain healthy hormone levels. Normal hormones help prevent emotional sensitivity, abnormal cycles, weight problems, skin blemishes, painful periods, and abnormal food craving. ESTROPLEX assists the ovaries to produce good quality hormones.

**INGREDIENTS:**

<b>Each capsule contains:</b>		<b>% Daily Value</b>
Organic ovarian	200 mg	*
In a proprietary blend of:	180 mg	*
Phytosterols and enzymes		

\*Daily Value not established

Other Ingredients: Gelatin (capsule).

No corn, wheat, soy, salt, yeast, egg, sugar, whey, milk, colors, chemical additives, or preservatives.

**INDICATORS:**

ESTROPLEX was designed to be a general dietary supplement for females who are experiencing the normal stresses of growing up and living in today's society. Oftentimes, the stress of an active lifestyle and an inadequate diet can cause nutrient deficiencies which prevent the ovaries from producing the necessary hormones to maintain health. When this occurs, the following conditions might be present. Healthy hormone levels help prevent emotional sensitivity, abnormal cycles, skin blemishes, painful periods, and abnormal food cravings. ESTROPLEX is recommended most for girls and women from the age of 8 to 35 years.

**Factors Causing an ESTROPLEX Condition:**

1. Going for long periods of time without eating
2. Too much caffeine, coffee, or colas
3. The stress of athletics
4. Birth control pill, D.E.S., cortisone exposure
5. Heredity

**Symptoms of an ESTROPLEX Condition:**

1. Noticeable mood swings in the middle of the monthly cycle or before the period
2. Emotional sensitivity, weepiness, easily angered for no acceptable reason.  
Lethargic depressions that can be extreme enough to cause lassitude and inactivity.
3. Loss of energy, fatigue, chills, headaches, or breast tenderness during the cycle.
4. Cyclic cravings for chocolate, chips, french fries, or ice cream
5. Loss of periods or too frequent periods
6. Menstrual difficulties; cramps, breast tenderness, chills with the menses, fatigue with the menses

