

## A PRODUCT FOR WOMEN'S HEALTH

ESTRALIV was formulated to provide the necessary pattern of vitamins, minerals, and enzymes to assist the liver in processing biological and supplemental estrogens. Because the liver performs several functions which enable female hormones to be correctly produced, processed, and eliminated, a unique blend of specific nutrients are required. The liver must also make certain nutrients available to the ovaries for their own production of estrogens and progesterones. Once these hormones have been produced and used by the various cells of the body, it is then the job of the liver to make sure they are properly eliminated. ESTRALIV was designed to supply all the necessary nutrients to enable a smooth flow of hormones through the body.

**INGREDIENTS:**

Each capsule contains:		% Daily Value
Potassium	45 mg	<2
Vitamin C	25 mg	42
Folic acid	400 mcg	100
In a proprietary blend of:	380 mg	*
Betaine, N-Acetyl-L-Cysteine, desmodium, and enzymes		

\*Daily Value not established

Other Ingredients: Gelatin (capsule) and lecithin.

No corn, wheat, soy, salt, yeast, egg, sugar, whey, milk, colors, chemical additives, or preservatives.

**STORAGE:**

Best to refrigerate after opening, with lid tight.

**INDICATORS:**

ESTRALIV is indicated when the liver is unable to maintain a normal flow of estrogens and progesterones. It is needed for most women on Premarin or supplemental estrogens or those who are suffering from estrogen accumulation symptoms from either liver insufficiency or poor quality estrogens with a compensated excess production. In order to understand the results of this condition the factors which can cause this disorder and the areas of the body that can be affected must be discussed separately. Most of these indicators are unfamiliar to the individual and begin to develop in the thirties, unless the Birth Control Pill (BCP) is being taken. In addition, it is possible to have some symptoms from each of the sections.

**Contributing Factors:**

1. When supplemental estrogens are being taken (i.e., Premarin, Ogen, Estrace, or the Estroderm patch)
2. Currently taking the Birth Control Pill
3. A history of eating meat, butter, and milk products on a regular daily basis
4. Multiple pregnancies

If the gall bladder becomes involved, the following symptoms can develop:

1. Indigestion after meals, a generally upset stomach, or bloating within 30 to 60 minutes after meals
2. Nausea that will start within 30 to 60 minutes of eating and last for 1 to 2 hours. Can progress to vomiting
3. Intestinal gas that develops as the day progresses
4. Loose stools usually, but constipation can occur
5. Right-sided neck tension. Headaches from neck tension
6. Generalized feelings of nausea regardless of eating

