

# ELECTROLYTE 1™ & 2™

## A BALANCED NUTRITIONAL FORMULA

Liver Function plays a major role in the regulation of the body's electrolytes: key minerals which enable nutrient absorption and transfer, acid/base balance, cellular fluid levels, and normal blood volume. When electrolytes have become depleted due to fasting, dieting, internal stress, heavy exercise, prolonged stress, coffee and alcohol consumption, or hot weather, dehydration occurs. This can cause increased urination, calf cramps, poor memory, muscular weakness, loss of stamina, weight gain and intolerance to stress. ELECTROLYTE 1 was clinically designed to assist the replacement of these important minerals in individuals who are overweight to large in stature, or, who have difficulty absorbing electrolytes. ELECTROLYTE 2 is for individuals who are thin to normal in stature.

### ELECTROLYTE 1 INGREDIENTS:

<b>Each capsule contains:</b>		<b>% Daily Value</b>
Liver	100 mg	*
Potassium	99 mg	3
Magnesium	50 mg	12.5
Manganese	5 mg	250
Zinc	2 mg	13
In a proprietary blend of: Beet, bio salts, goat whey, and trace minerals	272 mg	*

\*Daily Value not established

Other Ingredients: Gelatin (capsule).

### ELECTROLYTE 2 INGREDIENTS:

<b>Each capsule contains:</b>		<b>% Daily Value</b>
Potassium	99 mg	3
Magnesium	50 mg	12.5
Manganese	10 mg	500
Zinc	2 mg	13
In a proprietary blend of: Beet, bio salts, goat whey, and trace minerals	372 mg	*

\*Daily Value not established

Other Ingredients: Gelatin (capsule).

No corn, soy, salt, yeast, egg, sugar, milk, colors, chemical additives, or preservatives.

### INDICATORS:

#### Conditions which will often cause Electrolyte Deficiencies:

1. Excessive water consumption without thirst.
2. Fasting, juice diets, low salt diets, low carbohydrate diets.
3. Increased perspiration, hot weather.
4. Vomiting, diarrhea.
5. Prolonged environmental, emotional, or mental stress.
6. Internal stress factors; i.e., allergies, anemia, hypoglycemia.
7. Excessive intake of alcohol, caffeine, coffee, soft drink, nicotine, or distilled water.
8. Certain medications such as diuretics.

