

A BALANCED PATTERN OF ADRENAL NUTRIENTS

The adrenal cortex is responsible for maintaining the body's blood sugar levels during all types of stress. This includes going too long without eating (during sleep, prolonged exercise, poor meal planning), traumas, exposure to infections, emotional stress, or even harsh weather conditions. The adrenal then activates specific body systems to release stored sugar. If the adrenal is not supplied with the correct pattern of nutrients, hypoglycemia can develop causing intolerance to stress, morning fatigue or anxiety, inability to cope, the need for caffeine, poor stamina, trouble gaining weight, and decreased resistance to illness.

INGREDIENTS:

Each capsule contains:		% Daily Value
In a proprietary blend of:	385 mg	*
Adrenal, phytoosterols, enzymes, and licorice		

*Daily Value not established

Other Ingredients: Gelatin (capsule) and lecithin.

No corn, soy, salt, yeast, egg, sugar, whey, milk, colors, chemical additives, or preservatives.

INDICATORS:

CORTAPLEX provides the body with the fuel needed for extended athletics, going too long without eating, the ability to stay focused on a task until completion, and resistance from infections or allergy reaction. CORTAPLEX provides all of the vitamins, minerals, and enzymes needed by the adrenal to enable it to function at maximum efficiency.

Several symptoms could be indicative of a CORTAPLEX condition, such as:

1. Morning fatigue often to the point of exhaustion. Feels just can't get up and do it again. This fatigue is made better from eating, caffeine, or the stress of responsibility.
2. Poor stamina and endurance causing irritability and impatience which is also made better from eating carbohydrates (sugar, pasta, starch, fruit, alcohol). Improves moods, confidence, and focus.
3. Decreased resistance to infection causing more frequent colds, flu, and illness.
4. Asthma and allergies brought on by athletics, prolonged stress, going more than 4 hours without eating.
5. Chronic skin disorders such as excema, rashes, inflammation.
6. Always feels better from eating or consuming caffeine or sugar. Has a high tolerance for sugar.
7. Never capable of gaining weight. Will complain of being too thin. Needs to eat a lot and exercise to maintain weight.
8. Will develop headaches from not eating which will get better after meals or snacks.
9. Often will have several occupations in life (with decreased ACTH).
10. Tend to procrastinate due to a loss of interest in the project they most often started.

CONTRAINDICATIONS:

When too much CORTAPLEX is being taken, there may be symptoms of feeling "hyper," anxiety, inability to sleep because of a restlessness. There might be swelling of the lower legs, vein enlargement in the legs and arms, or increased appetite. If there is an underlying hypoglycemia condition, the individual will have instantaneous mood swings, irritability, and pessimistic depressions

DIRECTIONS:

As a dietary supplement, take 1 to 2 capsules three times a day with meals or on an empty stomach, or as directed by a physician.

COMBINATIONS:

Electrolyte 1 or 2 — if weakness, lightheadedness, dizziness, calf or foot cramps occur

Formulated by Dr. Norman Easley.