

## A BALANCED PATTERN OF LIVER NUTRIENTS

BILEPLEX is a balanced pattern of vitamins, minerals, enzymes, and herbs which are needed by the liver to help regulate the rate of digestion. Digestion is a complex process requiring the involvement of several organs, but it is the liver which is responsible for maintaining the rate of normal food passage. When the liver has the necessary nutrients it is able to maintain the normal circulation of bile as food passes from the stomach into the intestine. Bile is responsible for initiating fat digestion which is the slowest and most complex of the digestive processes. As long as the liver has the required nutrients it is able to circulate bile efficiently enabling normal fat digestion and regular activity of the intestinal tract. BILEPLEX provides these nutrients in a complete, balanced formula.

### INGREDIENTS:

Each capsule contains:		% Daily Value
Phosphorus	50 mg	5
In a proprietary blend of:	615 mg	*
Beet, betaine, and enzymes		

\*Daily Value not established

Other Ingredients: Gelatin (capsule).

No corn, soy, salt, yeast, egg, sugar, whey, milk, colors, chemical additives, or preservatives.

### INDICATORS:

If the liver does not have the necessary pattern of nutrients, then bile circulation is reduced causing the entire digestive process to slow down. Normally, the bile that is stored in the gall bladder is released during fat digestion. Eventually, it is reabsorbed and sent back to the liver. When bile reaches the liver, it is directed back to the gall bladder again. Bile circulation can occur 3 to 4 times during normal digestion. If, however, the necessary nutrients are not available, the liver becomes unable to circulate the bile. This results in sluggish digestion. It is indicated when there is an intolerance to bile supplements, such as ColAid and DiaChol.

### Factors Causing a BILEPLEX Condition:

1. Heredity
2. Diets heavy in meat, milk fats, cheese, fried foods, peanuts, nuts, chips, rich foods
3. Excessive alcohol or coffee consumption
4. Estrogen replacement therapy, steroids

